



HEAD-TO-TOE TRAINING

Pilates + Cardio + Thai Massage

MEMBERSHIP PACKAGES:

ENROLLMENT FEE: \$49

PILATES ESSENTIAL: ALL GROUP CLASSES AND USE OF THE STUDIO PILATES ROOM
MONTHLY: \$39- WITH ONE YEAR COMMITMENT

MONTHLY: \$49

QUARTERLY: \$179

ANNUALLY: \$399

CARDIO CENTRAL: ALL GROUP CLASSES AND USE OF THE CARDIO ROOM ONLY
MONTHLY: \$39- WITH ONE YEAR COMMITMENT

MONTHLY: \$49

QUARTERLY: \$179

ANNUALLY: \$399

ULTIMATE CORE: ALL CLASSES AND USAGE OF PILATES ROOM AND CARDIO ROOM
MONTHLY: \$59- WITH ONE YEAR COMMITMENT

MONTHLY: \$74

QUARTERLY: \$249

ANNUALLY: \$659

CORPORATE AND FAMILY RATES ARE AVAILABLE.

PEACEFUL ENVIRONMENT! ENCOURAGING AND MOTIVATING STAFF!
EXCLUSIVE NUMBER OF MEMBERSHIPS!